



**PALISADE**

## PHS Learner Profile and Habits of Mind

Balanced	I understand the importance of <b>intellectual</b> , <b>physical</b> , and <b>emotional</b> balance to achieve personal well-being for themselves and others. <i>I manage my impulsivity.</i>
Caring	I show <b>empathy</b> , <b>compassion</b> , and <b>respect</b> towards the needs and feelings of others. I have personal commitment to service, and act to make a positive difference in the lives of others and the environment. <i>I listen with understanding and empathy.</i>
Communicator	I understand and express ideas and information confidently, creatively, <i>with clarity and precision</i> in <b>more than one language</b> and in a variety of modes of communication. I work effectively and <i>think interdependently</i> in <b>collaboration</b> with others.
Inquirer	I develop my natural <b>curiosity</b> by <i>questioning and posing problems</i> . I acquire the <b>skills</b> necessary to conduct inquiry and research and show <b>independence</b> in learning and <i>respond with wonderment and awe</i> . I actively enjoy learning <i>using all my senses</i> and my love of <i>continuous</i> learning can be sustained throughout my life.
Knowledgeable	I <i>persist</i> in exploring <b>concepts</b> , <b>ideas</b> , and <b>issues</b> that have local and global significance. In so doing, I acquire in-depth knowledge and develop understanding across a broad and balanced range of disciplines. <i>I stick to a task until it is completed.</i>
Open-minded	I understand and <b>appreciate</b> my culture and personal history, and I am open to the perspectives, values, and traditions of other individuals and communities. I am accustomed to seeking and evaluating a range of points of view, <i>think flexibly</i> , and am willing to grow from the experience.
Principled	I act with <b>integrity</b> and <b>honesty</b> , with a strong sense of fairness, justice, and respect for the dignity of the individual, groups, and communities. <i>I find humor when appropriate</i> . I take responsibility for my own actions and the consequences that accompany them.
Reflective	I give <b>thoughtful</b> consideration to my own learning, <i>my own thinking</i> , and experience. I am able to assess and understand my strengths and limitations in order to support my learning and personal development.
Risk-taker	I approach unfamiliar situations and uncertainty with <b>courage</b> and <b>forethought</b> , <i>taking responsible risks</i> , and have the independence of spirit to explore new roles, ideas, and strategies <i>by creating, imagining, and innovating</i> . I am brave and articulate in defending my beliefs.
Thinker	I exercise <b>initiative</b> in applying thinking skills and <i>past knowledge</i> critically and creatively to recognize and approach new complex problems, and make <b>accurate</b> , reasoned, <b>ethical</b> decisions.